

MEETING AGENDA

This meeting will focus on learning about coachability. Merriam-Webster defines coachable as, “capable of being easily taught and trained to do something better.”

RESOURCES

TIPS & TEMPLATES

- [12 Coachability Interview Questions \(With Sample Answers\)](#)
- [The Coach-ability Factor](#)
- [Are Your Candidates Coachable? 3 Ways to Spot Coachability in an Interview](#)

BLOGS

- [How to Interview a Sales Rep Candidate for Coachability](#)
- [10 Questions That Build Trust and Make People Coachable, Accountable, and Engaged](#)



“My best skill was that I was coachable. I was a sponge and aggressive to learn. ”

MICHAEL JORDAN
NBA Player, Chicago Bulls

COACHABILITY

An individual that shows motivation to improve and do better is a sign that this person is coachable. This is an important trait to employers because they have the ability to create productive workers that are efficient in their tasks.

ACTIVITY

Get into pairs of 2 or more. Take turns answering the questions below and providing feedback to each other. Use the resources to help you write the perfect answers to each question.

- What is one new skill you have learned from a colleague or friend? What did you learn and why is it important to your profession?
- Tell me about a time you made a mistake and had to report it to another person. What did you learn and how did you fix the situation?
- When you receive feedback at work how do you act upon the advice?
- When being coached do you prefer to create solutions individually or do you like when your coach is hands-on every step of the way?

DISCUSSION QUESTIONS

What is a personal goal?

Is there an opportunity for continued improvement or learning in your response?

Share an example of a time when you received feedback.

This question is to learn about how you acted on the feedback you were provided. This could potentially be an interview question to learn how coachable you are.

Describe a challenge you had to overcome.

This is a very popular interview question and you should be prepared to answer it. Use a former job experience or example from participating in a club or group project. What did you learn from the challenge that occurred?